

ID-PIC'S DIVERSITY DEVELOPMENT DIGEST

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Diversity Subcommittee Updates

The Diversity Committee (DC) will be hosting a screening for the movie **-Daughter of a Lost Bird** in the near future. Be on the lookout for an invite email.

The DC is currently working on a more explicit Diversity Statement that is separate from our General Information blurb and the DC mission statement which state:

"Collectively we support the growth and education of diverse populations to achieve a more equitable and socially just society thereby improving mental health outcomes and wellbeing for the state of Idaho" and

"ID-PIC's Diversity Committee uses evidenced based diversity literature to inform recruitment, retention and training practices, includes trainees in the process of stimulating progress within the Consortium and manages continual improvements in ID-PIC's multicultural responsiveness, equity and inclusivity evident in training materials, website content, faculty/intern knowledge and policy language."

If you would like to contribute content to the drafting of the new statement, please email Dr. Stegenga.

The DC is also looking to adding a new survey question to the didactics evaluations that are filled out by the interns. This new question will help ensure that diversity issues are being adequately covered during didactic presentations.

Community Updates

Juneteenth is this month! Juneteenth is now a federally recognized holiday that commemorates the end of slavery in the US in

1865 following the Emancipation Proclamation issued by Abraham Lincoln.



Idaho Falls is hosting their 10th annual Idaho Falls Pride celebrations on June 24-25. For more information see this URL: <https://www.idahofallspride.com/>.

Pocatello is hosting a Southeastern Idaho Pride event on June 18th at Caldwell Park 700 E Lewis St #748 Pocatello, ID 83201. Admission is free.

To find a pride event by month in major cities across the country go here: <https://www.gaytravel.com/gay-events/gay-pride-event-calendar#may>. Boise's event is in September.

APA recently hosted their **2022 EDI Virtual Summit: Psychology's Role in Dismantling Systemic Racism**. During this event, APA shared a wealth of resources and knowledge about how psychologists can work to make positive anti-racist systemic changes.

Training Opportunities

The APA 2021 Virtual Convention currently offers some of the following diversity related

trainings for CE credits at <https://apa.contentonline/catalog/categoryview.xhtml?eid=2351>:

- **Dialectical Behavior Therapy with Sexual and Gender Minority People: A Live Demonstration** (2.5 CEs)
- **Social Justice at the Border: Addressing the Trauma of Undocumented Immigrants** (2.5 CEs)
- **Essentials of Pediatric Transgender Health Care from an Interdisciplinary Perspective** (2.5 CEs)

Q & A

What is the difference between the acronyms: LGBTQAI+ and LGBTQ2S+?

The LGBT acronym was an expansion from the older “gay community” phrase used to refer to individuals with nonconforming gender and sexual identities. This original acronym then gradually changed to LGBTQAI+. The L is for lesbian, G is for gay, B is for bisexual, and T is for transgender. For some the Q signifies “questioning” to represent individuals who are unsure of their identities, and for others the Q means “queer” in the reclaimed nonderogatory “catchall” sense. The A is for asexual and the I is for intersex. The + denotes everything on the gender and sexuality spectrum not yet described with a letter of the acronyms.

<https://www.nytimes.com/2018/06/21/style/lgbtq-gender-language.html>

Now to compare the LGBTQAI+ and LGBTQ2S+ acronyms to each other. The 2S addition as seen in the latter acronym refers to the two-spirit community. The two-spirit community is made

up of individuals who identify as having both masculine and feminine spirits. This identity concept derives from Native American cultures to include the wide variety of sexual and gender variances existing beyond the monogamous, heterosexual, and cisgender identities.

<https://lgbtqhealth.ca/community/two-spirit.php>

Recommended Reads

Helms, J.E. (2003). **A pragmatic view of social justice.** *The Counseling Psychologist*, 31(3), 305–313.

APA’s Race, Trauma, and Social Justice webpage [<https://www.apa.org/pubs/highlights/race#podcasts>] features free access to article pdfs related to important diversity topics such as the following:

- Sue, D. W., Alsaidi, S., Awad, M. N., Glaeser, E., Calle, C. Z., & Mendez, N. (2019). **Disarming racial microaggressions: Microintervention strategies for targets, White allies, and bystanders.** *American Psychologist*, 74(1), 128-142.
- Comas-Díaz, L. & Nagayama, G. (2019). **Racial trauma: Theory, research, and healing: Introduction to the special issue.** *American Psychologist*, 74(1), 1-5.

The webpage provides a free summary for:

- Roberts, S. O., & Rizzo, M. T. (2020). **The psychology of American racism.** *American Psychologist*.

The webpage also features a link to the podcast:

- **The Case for a New Justice Framework in the United States** (JD12)