



Intern Brochure

2023-2024

www.IDAHO-PIC.org

Aim:

The Idaho Psychology Internship Consortium's (ID-PIC) mission is to prepare and retain health service psychologists to provide culturally competent collaborative health care for Idaho's diverse population. The Idaho Psychology Internship Consortium (ID-PIC) represents the collaborative effort of multiple Idaho agencies to share resources and faculty for the purpose of providing a diversified educational program for doctoral psychology interns. The consortium is designed to provide generalist training to prepare interns to meet the unique challenges of practicing psychology in Idaho and to ensure clinical competency in working with Idaho's various cultural groups.

The Idaho Psychology Internship Consortium (ID-PIC) is a pre-doctoral internship training program comprised of multiple Idaho agencies with a shared value for inclusivity and multiculturalism. Collectively we support the growth and education of diverse populations to achieve a more equitable and socially just society thereby improving mental health outcomes and wellbeing for the state of Idaho.

Accreditation Status

The Idaho Psychology Internship Consortium (ID-PIC) is Accredited on Contingency by the American Psychological Association (APA).

APPIC Membership Status:

ID-PIC is currently a member of APPIC and does participate in the in the APPIC match. ID-PIC agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking related information from any intern applicant.

Application Process and Selection Criteria

The Consortium currently offers **five** full-time positions.

Students interested in applying for the internship program should submit an online application through the APPIC website (www.appic.org).

A complete application consists of the following materials:

1. A completed Online AAPI (APPIC's standard application)
2. Cover letter (part of online AAPI) stating your preferred training site(s) and why you are interested in those sites specifically
3. A current Curriculum Vitae (as part of the online AAPI)
4. Three letters of recommendation, two of which must be from persons who have directly supervised your clinical work (as part of the online AAPI). Please submit no more than three letters.

All application materials must be received by December 2, 2022 to be considered. If applicants are invited to interview, they will be notified by email on or before December 16. Interviews will be scheduled in mid-January via videoconference. Following the interview, follow-up discussion may be requested by contacting the site director for the training site(s) of interest.

| ID-PIC Important Dates for 2022-2023 Applicants | |
|--|--|
| Application Deadline | December 2, 2022 |
| Interview Notification | December 16, 2022 |
| Interview Dates | Mid-January, 2022 |
| Internship Slots Open Across Sites for 2023- 2024 | Full Circle Health/FMRI – 1 Boise State University Counseling Services – 1 Idaho State University/CATS – 1 State Hospital South – 1 Pearl Health Clinic – 1 |

ID-PIC Program Philosophy

Profession Wide Competencies and Learning Elements

Overarching Goals: The Idaho Psychology Internship Consortium (ID-PIC) represents the collaborative effort of multiple sites and the Western Interstate Commission for Higher Education (WICHE), to share resources and faculty for the purpose of providing a broad and general educational program for psychology interns.

Our program offers one year, full-time internship positions at agencies across Idaho. It is expected that by the conclusion of the internship year, interns will have achieved intermediate to advanced competence in APA’s nine Profession Wide Competencies and associated Learning Elements. For a comprehensive list of all required Learning Elements, please see the ID-PIC Supervisor Evaluation of Intern. The following represents a list of all required competencies and a general summary of associated learning elements:

Competency 1: Research

Learning Elements related to this competency include the following:

- Demonstrates the substantially independent ability to critically evaluate and disseminate research or other scholarly activities (e.g., case conference, presentation, publications) at the local (including the host institution), regional, or national level.
- Disseminate research or other scholarly activities (e.g., case conference, presentation, publications) at the local (including the host institution), regional, or national level.

Competency 2: Ethical and Legal Standards

Learning Elements related to this competency include the following:

- Be knowledgeable of, demonstrate and act in accordance with each of the following:
 - The current version of the APA Ethical Principles of Psychologists and Code of Conduct;
 - Relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels; and
 - Relevant professional standards and guidelines.
- Recognize ethical dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas.
- Conduct self in an ethical manner in all professional activities.

Competency 3: Individual and Cultural Diversity

Learning Elements related to this competency include the following:

- Demonstrate an understanding of how their own personal/cultural history, attitudes, and biases may affect how they understand and interact with people different from themselves.
- Demonstrate knowledge of the current theoretical and empirical knowledge base as it relates to addressing diversity in all professional activities including research, training, supervision/consultation, and service.
- Demonstrate the ability to integrate awareness and knowledge of individual and cultural differences in the conduct of professional roles.
- The ability to apply a framework for working effectively with areas of individual and cultural diversity.
- The ability to work effectively with individuals whose group membership, demographic characteristics, or worldviews create conflict with their own.

Competency 4: Professional Values, Attitudes, and Behaviors

Learning Elements related to this competency include the following:

- Behave in ways that reflect the values and attitudes of psychology, including cultural humility, integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others.
- Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness.
- Actively seek and demonstrate openness and responsiveness to feedback and supervision.
- Respond professionally in increasingly complex situations with a greater degree of independence as they progress across levels of training.

Competency 5: Communication and Interpersonal Skills

Learning Elements related to this competency include the following:

- Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services.
- Demonstrate a thorough grasp of professional language and concepts; produce, comprehend, and engage in communications that are informative and well-integrated.
- Demonstrate effective interpersonal skills and the ability to manage difficult communication well.

Competency 6: Assessment

Learning Elements related to this competency include the following:

- Demonstrate current knowledge of diagnostic classification systems, functional and dysfunctional behaviors, including consideration of client strengths and psychopathology.
- Demonstrate understanding of human behavior within its context (e.g., family, social, societal and cultural).
- Demonstrate the ability to apply the knowledge of functional and dysfunctional behaviors including context to the assessment and/or diagnostic process.
- Select and apply assessment methods that draw from the empirical literature and that reflect the science of measurement and psychometrics; collect relevant data using multiple sources and methods appropriate to the identified goals and questions of the assessment as well as relevant diversity characteristics of the service recipient.
- Interpret assessment results, following current research and professional standards and guidelines, to inform case conceptualization, classification, and recommendations, while guarding against decision-making biases, distinguishing the aspects of assessment that are subjective from those that are objective.
- Communicate the findings and implications of the assessment in an accurate and effective manner sensitive to a range of audiences.

Competency 7: Intervention

Learning Elements related to this competency include the following:

- Establish and maintain effective relationships with the recipients of psychological services.
- Develop evidence-based intervention plans specific to the service delivery goals
- Implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables.
- Demonstrate the ability to apply the relevant research literature to clinical decision making.
- Modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking.
- Evaluate intervention effectiveness and adapt intervention goals and methods consistent with ongoing evaluation.

Competency 8: Supervision

Learning Elements related to this competency include the following:

- Apply supervision knowledge in direct or simulated practice with psychology trainees, or other health professionals. Examples of direct or simulated practice of supervision include, but are not limited to, role-played supervision with others, and peer supervision with other trainees.
- Apply the supervisory skill of observing in direct or simulated practice.
- Apply the supervisory skill of evaluating in direct or simulated practice.
- Apply the supervisory skills of giving guidance and feedback in direct or simulated practice.

Competency 9: Consultation and Interprofessional/Interdisciplinary Skills

Learning Elements related to this competency include the following:

- Demonstrate knowledge and respect for and engagement with the roles and perspectives of other professions.
- Apply this knowledge of consultation models and practices in direct or simulated consultation with individuals and their families, other health care professionals, interprofessional groups, or systems related to health and behavior.

Direct or simulated practice examples of consultation and interprofessional/interdisciplinary skills include but are not limited to:

- Role-played consultation with others, peer consultation, provision of consultation to other trainees.

Intern Expectations

The Idaho Psychology Internship Consortium (ID-PIC) program is a year-long, full-time, doctoral internship. Interns are to:

- Complete 2000 hours of training by the end of the year.

Work toward achieving the training program's competencies, goals and objectives as listed in the "ID-PIC Program Philosophy" section of this website.

- Abide by APA code of ethics, Idaho code of ethics, and Idaho law.
- Abide by organizational rules and regulations as stated in each individual agency's P&P documents.
- Present an individual case, a special topic, and one's dissertation topic to their internship cohort.

Supervision

Interns receive a minimum of 2 hours of individual supervision each week from a licensed psychologist at their site. Supplemental weekly individual supervision may be provided by faculty and/or by licensed providers at each site. Licensed supervisors provide interns with experientially based clinical training and direct observation is a component of the supervision and evaluation process.

Two hours of required weekly group supervision from a licensed psychologist is conducted with all interns across consortium sites via high quality, secure distance technology. Group supervision focuses on case presentation, professional development, and clinical topics. All interns receive a minimum of 4 hours per week of supervision.

Research

Research opportunities vary by consortium site. Please inquire with Site Directors about current and future research opportunities.

Stipend, Benefits, and Resources

The annual internship stipend across all consortium sites is \$28,410-\$31,875. The stipends vary due to state based salary requirements for some sites, insurance costs or coverage at others, and stipends at some sites include offsets to higher out of pocket insurance costs. Some sites also include a 401k matched contribution, which raises the base salary to \$28,410 for the lowest salary when the match is considered.

All interns are required by the consortium to have current health insurance coverage. Access to health benefits will be provided to all interns but may vary across sites. Annual PTO will be provided to all interns.

With regard to Family and Medical Leave extensions during the internship year, agency parameters will dictate extended leave options. Interns are responsible for discussing leave requests with their supervisor and working in coordination with their agency/site. Not all sites have the ability to provide extensions.

ID-PIC interns have access to numerous resources. Funding for travel within the state of Idaho is provided in order for interns to complete required training experiences. Assessment and other training materials are provided by each training site, and additional materials that may be needed may be purchased using Consortium funding with Training Committee approval. Each intern additionally has access to administrative and IT support through their primary training site.

Life in Idaho

Setting: Our consortium is located across the southwestern and southeastern corners of Idaho, part of the Intermountain West.

SOUTHEASTERN Idaho includes ISU, SHS and Pearl Health Clinic

Idaho State University Family Medicine Residency is located within the city of Pocatello, and the State Hospital South is located just 25 miles north in Blackfoot. Pocatello is a mid-sized university town of approximately 50,000 people with an extremely affordable cost of living, nestled in a valley and surrounded by very accessible mountains. Idaho Falls is a bigger town with all major conveniences available and close to 60,000 people. Given Idaho's rural character, people come from all over the region for health care.

There is an abundance of things to do and places to visit within a short distance from all three cities in Southeastern Idaho. Yellowstone and Teton National Parks, Sun Valley and Grand Targhee ski resorts are all close by. Pebble Creek ski area offers intermediate and expert skiing within twenty minutes of downtown Pocatello. Camping, hiking, road and mountain biking, cross-country skiing and river sports are within minutes of Pocatello and offer uncrowded outdoor recreation. The area also offers blue ribbon trout fishing as well as numerous public and private golf courses and frisbee golf parks. The area is home to several rodeos and other cultural events throughout the year.

Pearl Health Clinic is in Idaho Falls which is a bigger town with all major conveniences available and close to 60,000 people. Idaho Falls offers an abundance of shopping, restaurants and movie theatres. The city has nearby golfing, ice-skating, an aquatic center, aquarium, and zoo. It has a beautiful river walk trail known as the Greenbelt and is relatively close to the Bear World attraction along with Jackson Hole, WY and the college town, Rexburg.

SOUTHWESTERN Idaho includes Full Circle Health/FMRI and Boise State University Counseling Services

Boise is a fast-growing city that's teeming with culture, natural beauty and job opportunities. As the capital and most populous city in Idaho, Boise helps set the cultural tone of the state, offering residents and visitors a rich collection of amenities from parks and restaurants to museums and music venues. Boise State University drives the economy in Boise, along with top employers like Albertsons, Micron Technology, Hewlett-Packard, and Simplot. Boise residents have many choices with their healthcare

including St. Alphonsus Regional Medical Center, Boise VA Medical Center and St. Luke's Medical Center.

Boise's sports scene includes the Boise Hawks, the Idaho Steelheads and the Idaho Stampede. Boise State University is home to 20,000 students annually and Albertsons Stadium is a 30,000-seat football facility featuring the blue AstroPlay field. Extra Mile Arena is home to BSU basketball games, the NCAA tournament and music concerts.

Boise features an urban trail system known as the Boise River Greenbelt, and the Boise River also serves as a recreational venue for fishing, swimming, and rafting. Bogus Basin Mountain Resort offers cross country and downhill skiing, snowboarding, and tubing - and it is just 16 miles from the city. The Boise Foothills provide routes for beginners to advanced riders and depending on the weather, riding can go on year round. Hunting and fishing are popular activities in the mountains and foothills near Boise. As Boise continues to grow, so do our neighboring communities including Eagle, Meridian, Garden City, Nampa, Caldwell and Kuna.

Patient Populations: The professionals of our consortium serve a diverse patient population ranging from preschool children through the very elderly. We work with a variety of populations from various racial and ethnic backgrounds including Latinos, Native Americans, African Americans, Asians, and European Americans, all from a variety of socioeconomic strata. As a group, our patients present with the full spectrum of psychological disorders.

ID-PIC Training Sites

The consortium includes the following training sites:

- Boise State University Counseling Services;
- Full Circle Health/Family Medicine Residency of Idaho;
- Idaho State University FM/CATS
- State Hospital South;
- Pearl Health Clinic

A description of each site and the internship experience by site is below:

Boise State University Counseling Services

1 Full Time Funded Position with Benefits

General Information:

University Health Services (HS), Counseling Services (CS), is a comprehensive service provider committed to providing an integrated service delivery model to the campus community. Specifically, it provides services for crisis intervention, individual, multi-person and group counseling. While maintaining a focus on short-term individual counseling with clients, CS's role also includes campus outreach, prevention programming, intervention, clinical assessment, research, consultation and training. CS is proactive and developmental in orientation and has an extensive referral network within the university and professional community.

The Internship Experience:

Interns at CS will be integrated into our larger care model, working alongside an integrated counseling, medical, wellness, and psychiatry team to ensure the health and wellness of our community. The majority of the internship time will focus on the delivery of direct client care in an integrated care model, working alongside those with other licensure types, backgrounds, and philosophies, to provide client care. This typically is heavily focused on individual therapy, but also frequently includes couples work, crisis intervention for walk in clients, and group work. Interns may be offered the opportunity to identify, develop, and run groups based on specialized skills, knowledge, or interests, or may co-lead existing groups alongside senior staff or other providers. In addition to direct client services, outreach opportunities, such as teaching, campus presentations, or community building, may be an option. The population we serve includes traditional college age students, a quickly growing graduate student population, and a large non-traditional college population, including veterans. Additionally, our center serves as a treatment facility for faculty, staff, and their dependents, allowing interns a surprisingly diverse therapeutic experience, relative to many college counseling centers. Interns will attend weekly psych rounds, where all clinical providers are present, including medical and psychiatry staff, and will be asked to engage in case staffing and providing feedback for other providers.

*As an integrated primary care center, the intern at CS is required to have a TB skin test. The intern is also strongly encouraged to receive a flu vaccine during their internship year and ensure all vaccines are up to date. TB test and vaccine(s) will be provided by CS at no cost to the intern.

Contact Information:

Site Director/Supervising Psychologist: Alison Radcliffe, Ph.D.
alisonradcliffe@boisestate.edu

Full Circle Health/Family Medicine Residency of Idaho

1 Full Time Funded Position with Benefits

General Information:

Full Circle Health (FCH)/Family Medicine Residency of Idaho -Nampa is a Federally Qualified Healthcare Center and Teaching Health Center in Idaho. FMRI's mission is to serve the underserved. This includes a diverse, primarily Medicaid-eligible patient population. Primary care psychology services are embedded in our family medicine clinics. FCH provides residency and fellowship training for approximately 50 physicians annually.

The intern will join our Primary Care Psychology department including licensed clinical social workers, registered dietitians, a consulting psychiatrist, psychiatry residents from the University of Washington, clinical pharmacists, and community health workers. The array of services provided and coordinated by primary care psychology at FCH ranges from intensive outpatient interventions (psychotherapies, psychiatric services) to behavioral health consultation at time of medical care.

The Internship Experience:

Interns placed at FCH are engaged in many aspects of the services provided. We provide training in health psychology that interfaces with medicine, using guidelines recognized by experts in the field, the needs of the supporting institution, and the needs and interests of the trainees. There are basic components which prepares interns for roles in Health Psychology in Primary Care. These include clinical assignments,

supervision, didactics, medical education and professional development. An intern's primary clinical responsibilities at the sites are conducting comprehensive diagnostic assessments including appropriate assessment, providing behavioral health consultation to primary care providers and providing individual psychotherapy. The intern placed at FCH will have the opportunity to engage in medical education opportunities including video review of primary care residents and precepting of clinical cases. In addition to these clinical responsibilities, interns will provide behavioral health lectures to Family Medicine residents. This includes working with medical students completing clerkships at Family Medicine to teach the application of psychological principles into medical settings. Interns will participate in larger interagency meetings and participate in team activities to include a community service project. Additionally, interns receive weekly didactic training focused on clinical topics. Interns are encouraged to attend these didactics, as well as occasional workshops provided within the residency when appropriate. Interns are also encouraged to attend state conferences to stay aware of job possibilities and to network with colleagues in the field. Interns are involved in committee work within the medical setting to foster learning of such professional roles.

*As an integrated primary care site, the intern is required to have a TB skin test. The intern is required to receive an annual flu vaccine during their internship year and ensure all site required vaccines are up to date. TB test and vaccine(s) will be provided at no cost to the intern. FCH is a tobacco-free workplace. Qualified applicants must complete a tobacco/nicotine free attestation prior to employment.

Contact Information

ID-PIC Program Director & Supervising Psychologist:
Susan Martin, Psy.D. susanmartin@fullcircleidaho.org

Idaho State University FM/CATS

1 Full Time Funded Positions with Benefits

General Information

The Idaho State University (ISU) internship program is a collaborative training opportunity with 2 partnering clinics providing a diverse training experience in a family medicine primary care and university counseling setting: ISU Family Medicine (ISUFM) and ISU Counseling & Testing Service (CATS). ISU Family Medicine (ISUFM) is an interdisciplinary teaching and training site for the family practice residency program at ISU. The clinic has partnered with Health West Community Health Center, a federally qualified health center (FQHC) to provide clinical services to the area, serving as a training site for clinical psychologists, family medicine physicians, clinical pharmacists, physician assistants, and nurses providing a rich training environment. The clinic provides primary medical care, including traditional psychological services such as individual counseling and diagnostic assessments mostly focused on the adult and geriatric populations as well as integrated behavioral health services to a diverse population from all over Southeastern Idaho. ISUFM has a strong commitment to teaching and to providing services to our underserved population.

Counseling & Testing Service (CATS) is the mental health clinic for ISU students. While at ISU CATS, interns will have the opportunity to provide individual counseling and either group counseling or biofeedback training to undergraduate and graduate students. We also provide outreach and prevention education and consultation to the campus community. Our clients are as diverse as the ISU student population in age, ethnicity, sexual orientation, gender and gender identity, nationality, and religion, and they seek help with a wide variety of concerns.

Founded in 1901, Idaho State University attracts students from around the world. ISU offers high-quality education in more than 250 programs, and is the state's designated lead institution in health professions. ISU is a Carnegie-classified doctoral research institution.

The Internship Experience

At ISUFM, interns will have the opportunity to gain clinical experience while interacting closely with other disciplines. ISUFM provides a strong clinical training environment and is dedicated to supporting trainees' educational experience in the highest manner. Interns completing this internship will be well-rounded in generalist psychological practice including individual psychotherapy with adults and geriatric patients, as well as providing consultations to residents and physicians concerning the psychological dimensions of their patients. Services may also include warm handoffs/crisis visits. Training may also be shaped, to some degree, to suit the particular interests of a given intern with an emphasis on evidence-based, goal-oriented treatments including a variety of modalities such as CBT, ACT, DBT, and interpersonal and emotion-focused approaches. Our patient population runs the gamut from newborns to the elderly although psychological services are primarily geared towards adults and geriatrics. We see a wide range of depressive, bipolar, anxiety, psychotic, somatic symptom, post-traumatic stress, and personality disorders, as well as substance use disorders, dementia, and presentations involving the behavioral management of diabetes, sleep disorders, hypertension, weight loss, chronic pain management, etc. Interns will also be trained in providing culturally competent support for clientele adjusting to acculturative stress, minority status stress and other related LGBTQIA+ factors. In addition to developing practical competencies in psychological diagnostic assessment/interviewing and clinical interventions with a very diverse panel of patients, interns at ISUFM will have the opportunity to consult to a collegial and innovative interdisciplinary health care team in a primary care model of treatment as well as serve as the consult liaison on the HIV/HepC team.

ISU CATS typically utilizes short-term goal-oriented modalities, but students may be seen longer term if clinically indicated. We commonly see students seeking services for mood and anxiety disorders, interpersonal concerns, coping with stress, identity development, intersecting identities, academic concerns, eating disorders, grief, and trauma. We also offer outreach and prevention programs; crisis intervention during business hours; and consultation to faculty, staff, families, and friends of students. CATS staff are dedicated to the training and supervision of future mental health practitioners. We provide training to masters level counseling and social work students, doctoral level clinical psychology and counselor education students, psychiatry residents, and pre-doctoral psychology interns. Interns will be trained in multiculturally informed practices in a setting that is welcoming and affirming of all identities. CATS staff is composed of mental health professionals from a variety of training backgrounds. We have staff who have received extensive training in a variety of modalities. Some of our current specialties include ACT and Focused ACT, mindfulness and self-compassion based interventions (with 2 staff certified as Mindful Self-Compassion teachers), biofeedback (with 2 staff board certified by BCIA), EMDR, and interpersonal process. We regularly consult with the ISU Health Center staff to ensure coordination of care for our students.

At CATS, interns will have the opportunity to choose an optional specialty track of either group therapy; biofeedback training; mindfulness/self-compassion; supervision; or outreach, community engagement, and prevention.

CATS has a robust group program including multiple interpersonal process groups, DBT, Seeking Safety, ACT for anxiety, parenting support, Mindful Self-Compassion, and mindfulness meditation. We also offer support groups (CATS Connections) for survivors of suicide loss, international students, graduate students, students on the autism spectrum, chronic health conditions, first generation college students, and a ReST Resiliency Training group. Other groups can be developed to meet a current need.

While at Idaho State University, interns will be expected to:

- Manage outpatient psychotherapy and diagnostic assessment caseloads and maintain documentation in a timely manner.
- Follow all ISU, Family Medicine, CATS, ID-PIC consortium, and APPIC policies, and all relevant laws and ethical guidelines.
- Regularly attend, be prepared for, and be receptive to weekly supervision and didactics.
- Maintain regular contact with patients by engaging in routine outreach.
- Act as behavioral consultants to physicians, clinical pharmacists and the HIV clinic.
- Provide crisis intervention, outreach, and consultation as needed.
- Provide proof of liability insurance
- The intern is required to have a TB skin test as ISUFM, an integrated primary care center. The intern is required to receive Covid-19 vaccinations (or provide proof) and is also strongly encouraged to receive a flu vaccine during their internship year and ensure all vaccines are up to date. A TB test is also required.
- Pass a background check and an extended background check.

Location

Idaho State University is located within the city of Pocatello. Pocatello is a mid-sized university town of approximately 50,000 people nestled in a valley and surrounded by very accessible mountains. Given Idaho's rural character, people come from all over the region for health care. There is an abundance of things to do and places to visit within a short distance from both Pocatello. Yellowstone and Teton National Parks, Sun Valley and Grand Targhee ski resorts are all close by as are many recreational areas in Utah. The local Pebble Creek ski area offers intermediate and expert skiing within twenty minutes of downtown Pocatello. Camping, hiking, rock climbing, road and mountain biking, cross-country skiing and river sports are within minutes of Pocatello and offer uncrowded outdoor recreation. The area also offers blue ribbon trout fishing as well as numerous public and private golf courses and frisbee golf parks. The area is home to several rodeos and other cultural events throughout the year.

Contact Information

ISUFM Site Director & Supervising Psychologist: Verena Roberts, Ph.D., Director of Behavioral Science, verenaroberts@isu.edu

ISU CATS Site Director & Supervising Psychologist: Jennifer Miesch, Ph.D., Asst. Director/Clinical Coordinator, jennifermiesch@isu.edu

ISU CATS Director: Rick Pongratz, Ph.D., rickpongatz@isu.edu

State Hospital South

1 Full Time Funded Position

State Hospital South (SHS) is a State of Idaho Department of Health and Welfare (DHW) adult inpatient psychiatric facility located in Blackfoot, a rural community just 25 miles from Pocatello. The facility is fully accredited by the Joint Commission, certified by the Health Care Finance Administration (HCFA), and licensed by the State Hospital Licensing Agency. SHS is licensed to serve 110 patients in its patient treatment facility and 42 residents in its skilled nursing home providing assessment, diagnosis, treatment and psychosocial rehabilitation services to mentally ill members of Idaho communities whose care could not be appropriately provided in a less restrictive setting. Individuals served by SHS range in age from 18 years through adulthood and meet legal and departmental criteria for hospitalization.

Internship Experience

SHS training provides an experience which prepares interns for doctoral-level independent practice of clinical psychology. Working within interdisciplinary teams, our training emphasis is providing psychological services to and gaining experience working with severely mentally ill adults. SHS training is designed to develop competencies in psychological assessment and diagnosis, psychological intervention, and forensic assessment. In the course of acquiring these competencies, interns will also develop sensitivity to issues of cultural diversity; an awareness of professional ethics in the delivery of psychological services; and self-awareness as these relate to issues that affect professional functioning. While at SHS, interns will be assigned to the Psychology Department of SHS and will perform various clinical duties on the General Adult Treatment Units and the Syringa Chalet Geriatric Nursing Care Facility. Additionally, the intern will participate in daily interdisciplinary treatment team meetings with psychiatrists, psychologists, social workers, recreational therapists, chemical dependency counselors, dieticians, and other service providers. The intern will also consult with members of SHS administration, regional mental health providers, and patient family members regarding issues germane to the patients' treatment and continued care.

As a facility of the Idaho Department of Health Welfare (IDHW), SHS operates in accordance with state and federal laws and executive orders pertaining to equal employment opportunity and antidiscrimination. IDHW is also committed to providing reasonable modifications to individuals with qualified disabilities. Located within the Department's Human Resources unit, a Civil Rights Manager is responsible for overseeing and investigating matters related to disrespectful conduct in the workplace and civil rights complaints, to assist with taking immediate and appropriate corrective actions for your protection.

While at State Hospital South (SHS) interns will be expected to:

- Administer psychological testing and write up assessment reports.
- Provide group therapy at least four times per week.
- Act as behavioral consultants to hospital psychiatrists, clinicians, psychiatric NPs/PAs, recreational therapists, nursing staff, psychiatric technicians, and regional case workers.

Contact Information

SHS Site Director & Supervising Psychologist: Anne Stegenga, PsyD, Staff Psychologist

Anne.Stegenga@dhw.idaho.gov

Supervising Psychologist: Tashina Keith, PsyD, Chief Psychologist

Tashina.Keith@dhw.idaho.gov

Pearl Health Clinic

1 Full Time Funded Position with Benefits

General Information:

Pearl Health Clinic (PHC) is a large outpatient community mental health clinic serving all ages and presenting problems. Services provided include clinical interviews, outpatient psychotherapy, medication management, neuropsychological and psychological testing. There are over 20 licensed behavioral health providers practicing at Pearl Health Clinic.

The Internship Experience:

Internships at Pearl Health Clinic will provide the opportunity for practical experience in clinical interviewing, outpatient psychotherapy (individual, family, and group), neuropsychological and psychological testing with individuals aged 3 years of age and older. Presenting problems will vary, with ADHD, depression, anxiety, bipolar, and PTSD representing some of the more common diagnoses. While the majority of the rotation would be focused on developing competency as a generalist, due to the diversity of clinician interests and the population served, interns will have the opportunity to focus in specific services or presenting problem areas. The internship at PHC will also afford interns the opportunity to work with a wide range of behavioral health professionals (e.g., counselors, MDs, case managers) and collaborate with other agencies in the Ammon/Idaho Falls community.

Interns completing rotations are expected to be on site for 8 hours of work each working day of their rotation. Interns can work their hours any time between 8am and 7pm. Interns are expected to complete on average 500 patient contact hours yearly. Services include clinical interviews, psychotherapy (individual, family, group), and testing. Clinical interviews and psychotherapy should be documented within 5 business days. Testing reports should be completed within 10 business days from the last date of testing. Supervision will occur weekly with a licensed psychologist. Leave must be approved by the intern's direct supervisor. Contact your supervisor and the PHC front desk if you are unable to work due to circumstances such as illness or weather. Interns will be required to follow Idaho State regulations for supervision, this includes keeping an updated list of clients, and adhere to the APA ethical code of conduct.

Contact Information

Site Director/Supervising Psychologist: Daniel McGrath Psy.D.
dmcgrath@pearlhealth.org

Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 06/01/2022

Internship Program Admissions

ID-PIC Training Sites

The consortium includes the following sites: Family Medicine Residency of Idaho, Boise State University Counseling Services, Idaho State University Family Medicine Residency/CATS, State Hospital South, and Pearl Health Clinic. Each site is described below.

The Consortium offers one-year, full-time internship placements that begin and end around July of each year. The Consortium is comprised of treatment centers throughout Idaho and will provide a range of clinical and didactic experiences that represents the necessary depth and breadth required for future professional practice with Idaho's diverse communities. Across training sites, interns will complete a minimum of 500 hours per internship year of face-to-face direct service delivery.

Does the program require that applicants have received a minimum number of hours of the following at

time of application? If Yes, indicate how many:

| | | |
|--|----------|--|
| Total Direct Contact Intervention Hours | N | |
| Total Direct Contact Assessment Hours | | Y SHS has a requirement of minimum 50 assessment hours, and requires applicants to include a sample report in their application |
| Describe any other required minimum criteria used to screen applicants | | ID-PIC will not accept applications from students from online only schools. |

Note on Preference: ID-PIC will base its selection process on the entire application package. ID-PIC only accepts applicants through APPIC.

**Boise State University Counseling Services
Financial and Other Benefit Support for Upcoming Training Year***

| | | |
|--|-----|----------|
| Annual Stipend/Salary for Full-time Interns | | \$28,410 |
| Annual Stipend/Salary for Half-time Interns | | N/A |
| Program provides access to medical insurance for intern? | Yes | |
| If access to medical insurance is provided | | |
| Trainee contribution to cost required? | Yes | |
| Coverage of family member(s) available? | Yes | |
| Coverage of legally married partner available? | Yes | |
| Coverage of domestic partner available? | | No |

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|---|-----|--|
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | | Accrued by Pay Period, at 7.392 hours per pay period |
| Hours of Annual Paid Sick Leave | | Accrued by Pay Period, at 3.696 hours per pay period |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | |
| Other Benefits (please describe) 401k match, where employees are required to contribute 6.97% of their salary pre-tax and the University adds an additional 9.27%. This results in an increased in the baseline stipend from \$26,000 to approximately \$28,410 with university match in the 401K. | | See Boise State HR web page (https://hrs.boisestate.edu/) for more information |

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

**Full Circle Health/Family Medicine Residency of Idaho
Financial and Other Benefit Support for Upcoming Training Year***

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| Annual Stipend/Salary for Full-time Interns | | \$31,200 |
| Annual Stipend/Salary for Half-time Interns | | N/A |
| Program provides access to medical insurance for intern? | Yes | |
| If access to medical insurance is provided | | |
| Trainee contribution to cost required? | Yes | |
| Coverage of family member(s) available? | Yes | |
| Coverage of legally married partner available? | Yes | If spouse is eligible for coverage through their employer, they are not eligible for |

| | | |
|--|-----|---|
| | | enrollment in FMRI health coverage. |
| Coverage of domestic partner available? | | No |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | | 80 (National holidays are included in the PTO) |
| Hours of Annual Paid Sick Leave | | 40 |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | |
| Other Benefits (please describe) | | PTO hours and Short Term Disability accrue from date of hire, but not able to use until after 90 days, based on 40 hours per week. 6 paid holidays – no waiting period. Funeral Leave, Jury Duty Leave also available |

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

Pearl Health Clinic

Financial and Other Benefit Support for Upcoming Training Year*

| | | |
|--|-----|----------|
| Annual Stipend/Salary for Full-time Interns | | \$31,000 |
| Annual Stipend/Salary for Half-time Interns | | N/A |
| Program provides access to medical insurance for intern? | Yes | |

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| If access to medical insurance is provided | | |
| Trainee contribution to cost required? | Varies, PHC pays \$225 monthly | |

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| Coverage of family member(s) available? | Yes | |
| Coverage of legally married partner available? | Yes | No |
| Coverage of domestic partner available? | | No |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | | 80 |
| Hours of Annual Paid Sick Leave | | 0 |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | |
| Other Benefits (please describe) | | Paid holidays in addition to PTO: New Years, Memorial Day, 4th of July, Labor Day, Thanksgiving, Christmas. Short term disability. 401k |

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

**ISU Family Medicine Residency/CATS
Financial and Other Benefit Support for Upcoming Training Year***

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| Annual Stipend/Salary for Full-time Interns | | \$31,875 |
| Annual Stipend/Salary for Half-time Interns | | N/A |
| Program provides access to medical insurance for intern? | Yes | |

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| If access to medical insurance is provided | | |
| Trainee contribution to cost required? | Yes | |
| Coverage of family member(s) available? | Yes | |
| Coverage of legally married partner available? | Yes | |
| Coverage of domestic partner available? | | No |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | | 80 |
| Hours of Annual Paid Sick Leave | | 40 |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | |
| Other Benefits (please describe) | | 9 Paid Holidays, bereavement and jury duty leave also available, intern will have access to many university benefits such as library access, discounted movies or events |

* Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

State Hospital South

Financial and Other Benefit Support for Upcoming Training Year*

| | | |
|--|----|------------------------------------|
| Annual Stipend/Salary for Full-time Interns | | \$31,000/ \$2,583. monthly |
| Annual Stipend/Salary for Half-time Interns | No | |
| Program provides access to medical insurance for intern? | | Stipend provided up to \$750/Month |

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| If access to medical insurance is provided | | |
| Trainee contribution to cost required? | N/A | |
| Coverage of family member(s) available? | No | |
| Coverage of legally married partner available? | No | |
| Coverage of domestic partner available? | No | |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation) | | Agreement allows for up to 10 days off or 80 hours off for personal leave |
| Hours of Annual Paid Sick Leave | | Agreement allows up to 5 days or 40 hours off due to illness |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes | |
| Other Benefits (please describe) | | Workdays will not include these holidays: New Years, MLK Day, President's Day Memorial Day, Juneteenth, 4th of July, Labor Day, Indigenous People's Day, Veteran's Day. Thanksgiving, Christmas. |

Consortium Contact Information

For more information about ID-PIC, feel free to contact:

- Susan Martin, Psy.D., ID-PIC Program Director – susanmartin@fullcircleidaho.org
- Daria Redmon, Psy.D, Western Interstate Commission for Higher Education (WICHE) – dredmon@wiche.edu
- Or go to www.Idaho-PIC.org