

Diversity Subcommittee Updates

It is now time to update our faculty bios to incorporate new information about our roles as ID-PIC faculty and to find ways to convey diversity and/or our value for diversity through the content of our bios. The deadline for submitting your changes to Dr. Martin is 06/01/21.

In response to feedback following ID-PIC's mock site visit site training directors should be working to develop handouts pertaining to the agency's multicultural responsiveness efforts that can be made available to agency administrators as a study guide for the official APA site visit. Some example handouts will be sent out shortly via email by Dr. Stegenga. Your individual agency handouts should be submitted to the diversity subcommittee (DS) for review by 05/01/21.

It is the DS's goal before the next internship cohort starts their training year to help presenters with updating didactic presentation content. As inspired by the APA's **Race and Ethnicity Guidelines in Psychology: Promoting Responsiveness and Equity**, when presenters review their presentations the following questions should be asked:

- Does your topic mistakenly assume universality?
- Are ethnocultural factors and historical experiences being considered?
- Does the content foster critical thinking, new insights, and an increase in openness and self-awareness for the trainees?

- Is your information up to date in scholarly knowledge and global perspectives?
- Does the presentation recognize inequities and promote resources, and procedural and relational justice?
- Does your story telling, or discussion questions ensure a sense of safety and model appropriate levels of self-disclosure about your own process of personal transformation in relation to issues of identity, power, biases and privilege?
- Does your presentation strive to develop skills in engaging with diverse populations in the community and through service provision?

The deadline for **submitting your didactic presentation abstract changes** to Dr. Martin is 06/01/21.

Community Updates

Nominations for new IPA leadership were made on 04/05/21 and will also be made from the floor at the annual membership meeting at the Annual Convention on 04/16/21. An IPA committee relevant to diversity issues and multicultural responsiveness would be the IPA's Advocacy Committee.

Diversity Training Opportunities

The 29th Nevada Psychological Association's Annual Conference (6 CEs) will cover the topic: **Past, Present, and Future: Developing Cultural Competence and Anti-Racist Attitudes when working with Black People and Other People of Color** via Zoom webinar. This training will take place on April 30th, 2021 from 8:30AM to 4:15PM PDT.

Registration can be found at <https://www.nvpsychology.org/>

The **Trevor Project's CARE Training** is an intensive training appropriate for health professionals that provides an overview of suicide among LGBTQ youth and the environmental stressors that contribute to their heightened risk for suicide. Cost and scheduling inquiries can be sent to Education@thetrevorproject.org

Q & A

Q: What is the difference between cultural humility and cultural competence?

Cultural competence is a “means of attending to the culturally diverse backgrounds of patients” (Lekas, Pahl, & Lewis, p. 1, 2020). Often, competence trainings focus on exposing White providers to other social groups to enhance their sense of self-efficacy. Although this focus has limited utility in the improvement of care, and risks amplifying the us versus them orientation, and othering patients. Seeking cultural competence can also contribute to the reproduction of social stereotypes, because it assumes that someone’s culture is unchanging, and that the knowledge about a specific culture can be mastered. In contrast, cultural humility is the stance of continual self-reflection and learning and recognizes that the patients are the experts of their own context. The humility orientation further conveys an openness and willingness to learn from the patient and to establish a more power-balanced relationship (Lekas, Pahl, & Lewis, 2020).

Recommended Reads

n.d. (2018). **Diversity leaders: 6 things never to say about disabilities.** *DiversityInc.* Retrieved from diversityinc.com.

Lee, J. (2021). **Combating anti-Asian sentiment-a practical guide for clinicians.** *The New England Journal of Medicine.* Retrieved from nejm.org.

Lekas, H., Pahl, K., & Lewis, C. (2020). **Rethinking cultural competence: Shifting to cultural humility.** *Health Services Insights, 13,* 1-4. doi: 10.1177/1178632920970580.

Recommended Viewings

The APAGS webinar, **Countering Violent Extremism and Related Structural Targeting of Muslim Communities: What Mental Health Professionals Need to Know** found at <https://www.apa.org/apags/governance/subcommittees/webinars-podcasts>.

The APAGS webinar, **EPPP Outcomes and Test Taking Strategies for Graduates of Color** found at:

<https://www.apa.org/apags/governance/subcommittees/webinars-podcasts>.

Community Resources

TrevorSpace is an affirming international community where young LGBTQ people ages 13 to 24 can make friends. An account can be created at:

https://www.trevorspace.org/?utm_source=trevor_website&utm_medium=web&utm_campaign=nav_bar